

Western Monarch Butterflies are in trouble.

They need your help!



What can you do?

Plant Native Nectar Plants



Plant **native nectar plants** in your backyard!
Monarchs need nectar to fuel their migration.

Late fall, winter, and early spring flowering native plants are especially important to overwintering monarchs.

Plant Native Milkweed Inland



More than five miles inland? **Plant native milkweed!**
This encourages migration away from wintering sites and reduces the risk of disease buildup. Native milkweed is important because it supports the seasonal life cycle.

Limit Pesticide Use



Pesticides are harmful to monarchs. Avoid the use of pesticides especial neonicotinoids. **Plant pesticide free plants.** Support legislation that limits the use of harmful pesticides. **Eat Organic!**



#groundswellecology

